



## SHARROW BAY

*The Original Country House Hotel*

### Sharrows Through the Ages Lunch Menu

#### Starter

Leek and Roast Potato Skin Soup  
Chive Oil

Fillet of Herdwick Lamb  
Spiced Bon Bon, Feta, Peas, Asparagus, Mint Emulsion

Grilled Mackerel  
Shallot Apple and Mustard Confit, Red Sorrell

#### Main

Braised Shin of Veal  
Martini Olive and Tomato Jus, Parmesan Polenta, Broad Beans

Fresh Water Trout  
Almond Crust, Braised Fennel, Orange, Fennel Velouté

Crisp Hen Egg  
Salad of New Season Asparagus and Potatoes, Aromatic Herb Dressing

#### Dessert

Francis Coulson's Famous Sticky Toffee Pudding  
Toffee Sauce, Vanilla Ice Cream

Yoghurt Mousse  
Tonka Bean Ice Cream, Macerated Strawberries

Dark Chocolate and Raspberry Tart  
Pistachio Ice Cream with Rosewater and Raspberry Gel

£25.00 per person

#### To Finish

Coffee or Tea with Petit Fours  
£4.50 per person

Please be sure to let us know of any special dietary requirements including allergies